



Royal Yacht Squadron

The Castle

Cowes

Isle of Wight

PO31 7QT

Tel: +44 (0) 1983 292191

www.rys.org.uk



Regatta Guest Information Pack

Contents

Introduction to Cowes.....	3
Useful Information.....	3
Useful Contacts.....	3
Getting About.....	4
Ferry Services.....	4
Taxis and Car Hire Services.....	4
Water Taxis.....	4
Rib Hire.....	4
Cowes Yacht Clubs.....	5
Marinas and Moorings.....	5
Accommodation.....	6-8
Agencies.....	6
Hotels.....	6
Bed & Breakfasts.....	7
Public House Accommodation.....	7
Holiday Village Chalets.....	8
Houses.....	8
Dining.....	9 - 11
Restaurants.....	9
Cafes.....	10
Bars and Public Houses.....	11
Marine Services.....	12 - 13
Chandlers.....	12
Diving Companies.....	12
Fuel.....	12
Breakdown Assistance.....	13
Boat Builders and Repairs.....	13
Safety Equipment.....	13
Groceries.....	14
Health and Beauty.....	15
Barbers.....	15
Hairdressers.....	15
Spa Facilities.....	15
Other Services.....	16
Useful Websites.....	16

Introduction to Cowes

Situated on the west bank estuary of the River Medina is the seaport town of Cowes, which ever since the founding of the Royal Yacht Squadron in 1815 has largely been considered the home of international yacht racing.

Along with the many maritime services available in Cowes, there is a wide range of places to eat; from café culture to restaurants and pubs which play host to the vibrant nightlife in high season, offering live music and open mic nights. Throughout the largely pedestrianised town centre, there is an abundance of shops offering clothing, nautical paraphernalia, food, jewellery, and household accessories.

We have prepared this pack to give you an overview of what you will find when you arrive in Cowes, and to make planning your trip as simple as possible. Please also visit Cowes Online www.cowes.co.uk for more extensive information on Cowes.

Useful Information

Royal Yacht Squadron Flag Officers:

Commodore: Robert M Bicket Esq
Vice Commodore: P L F French Esq
Rear Commodore Yachting: B B Huber Esq
Rear Commodore Finance: H A Speare-Cole Esq

Secretary: Patricia Lewington MVO
Events Manager: Emma Preece
Events Assistant: Annabel Randall
Treasurer: Jason Clark
Assistant Treasurer: Phil Gilbraith
Accounts Assistant: Jerone Smith
Sailing Manager: Steve Cole

Contact the RYS office on: 01983 292191 or mail@rys.org.uk

Useful Contacts

Emergency Services (Ambulance, Police, Fire and Coastguard): 999
Non-Life-Threatening, Urgent Medical Assistance: 111
Non-Urgent Police Assistance: 101

Getting About

Ferry Services

There are two ferry companies which service the Island:

Red Funnel

www.redfunnel.co.uk

023 8001 9192

Passenger ferry (Red Jet) which operates:
Southampton - West Cowes

Car ferry which operates:
Southampton - East Cowes

Wightlink

www.wightlink.co.uk

0333 999 7333

Passenger ferry (Fastcat) which operates:
Portsmouth - Ryde.

Car ferries which operate:
Portsmouth - Fishbourne, and
Lymington - Yarmouth

Taxis and Car Hire Services

Cowes Cabs

01983 303020

Leader Cabs

01983 303000

Cowes Taxis

01983 294444

Water Taxis

Cowes Water Taxis - 07855 767918

Waterbus - (VHF #77) c/c "Waterbus" 07974 864627

Folly Launch - (VHF #72 c/c "Folly Launch") 07884 400046

Rib Hire

Rebel Marine

info@rebelmarine.co.uk

07495 234444

Lymington Rib Charter

01590 607101

admin@solentribcharter.co.uk

Griffin Marine Services

01983 826026

07876 623124

www.griffmarineservices.co.uk

8.75m Scorpion RIB for Charter

07769 972007

will@headingtons.com

Bembridge Marine

01983 872817

<https://www.bembridgemarine.com/>

Akwamarine Ltd

07836 378978

www.akwamarine.com

Cowes Yacht Clubs

Royal Ocean Racing Club Cowes
The Parade, Castle Hill, Cowes PO31 7QU
01983 293581
www.rorc.org

Royal London Yacht Club
The Parade, Cowes PO31 7QS
01983 299727
secretary@rlyc.org.uk
www.rlyc.org.uk

Island Sailing Club
70 High Street
Cowes
Isle of Wight
PO31 7RE
01983 296 621
www.islandsc.org.uk
www.roundtheisland.org.uk
admin@islandsc.org.uk

Cowes Corinthian Yacht Club
39 Birmingham Rd
Cowes
Isle of Wight
PO31 7BH
01983 296333
www.ccy.org.uk

Marinas & Moorings

Cowes Harbour Commission
01983 293952

East Cowes Marina
01983 293983

Shepards Wharf Marina
01983 297821
VHF CH69 call sign MH1

Island Harbour Marina
01983 539994

Cowes Yacht Haven
01983 299975

Newport Harbour
01983 5259

Folly Reach
07884 400046

Accommodation Agencies

Cowes Holiday Homes

Graham Machin
07751 328717

www.cowesholidayhomes.com
cowesholidayhomes@outlook.com

Wight Escapes

(Formerly known as Regatta Lets)

info@wights escapes.com

<https://www.wights escapes.com/>

Island Cottage Holidays

01237 426781

<https://www.islandcottageholidays.com/cowes-cottages>

Hotels

The Woodvale Hotel

1 Princes Esplanade, Gurnard, PO31 8LE
01983 292037

<https://www.thewoodvalecowes.co.uk/>

New Holmwood Hotel

65 Queen's Road, Cowes, PO31 8BW
01983 292508

www.newholmwoodhotel.co.uk

Villa Rothsay Hotel

Baring Road, Cowes, PO31 8DF
01983 295178

Email: hotel@villa-rothsay.co.uk
www.villa-rothsay.co.uk

Pinnacle Suites

104A High St, Cowes, Isle of Wight,
PO31 7AT
01983 240287

<https://www.pinnaclesuites.co.uk/>

Bed & Breakfasts

Endeavour House

47 Mill Hill Road
Cowes
PO31 7EG
01983 297406

www.endeavourhousecowes.co.uk

Caledon Guest House

59 Mill Hill Road
Cowes
PO31 7EG
01983 293599

www.the-caledon.co.uk

Onefifty Cowes

150 Park Road
Cowes
PO31 7NE
07795 296 399

www.onefiftycowes.co.uk

Holly Tree House

218 Park Road
Cowes
PO31 7BG
01983 246227

<https://www.hollytreehousecowes.co.uk/>

Anchorage Guesthouse

Mill Hill Road
Cowes
01983 247975

www.anchoragecowes.co.uk

Westbourne House

43 Birmingham Road
Cowes
PO31 7BH
01983 290009 / 07871 845032

<http://westbourne-house-bed-breakfast.isle-of-wight-uk.com/en/>

Crews Quarters

2 Sun Hill
Cowes

PO31 7HY

Call Karen on 07966 455932

<https://crewsquarterscowes.com/>

www.airbnb.co.uk

Oak Cottage B & B

Oak Cottage, Castle Road, Cowes, Isle
of Wight, PO31 7QZ
07971 187602

<https://oakcottagecowes.com/>

Public House Accommodation

The Anchor Inn

1-3 High Street, Cowes PO31 7SA
01983 292823

www.theanchorcowes.co.uk

The Union Inn

Watchhouse Lane, Cowes PO31 7QH
01983 532444

www.unioninncowes.co.uk

The Fountain Hotel

High Street, Cowes PO31 7RR
01983 292397

<https://www.greeneking.co.uk/pubs/isle-of-wight/fountain-inn>

Holiday Village Chalets

Thorness Bay Holiday Park

Thorness Lane

Nr Cowes

PO31 8NJ - 0330 123 4895

www.parkdeanresorts.co.uk

Houses

Myles Harrison

Flat 1

Regency House

High Street, Cowes

07769 642220

mharris8@its.jnj.com

Gray's Inn

Union Road

Cowes

PO31 7TW

01983 200770

07939 028889

<http://grays-inn.isle-of-wight-uk.com/en/>

Cath Giraudon

Lisburne

61 Queen's Road, Cowes

07770 914250

Alison Wheeler

Crew House

Aliw29sjhg@hotmail.com

Carlton Cottage

Queen's Road, Cowes

07771 905794

<https://www.visitisleofwight.co.uk/accommodation/carlton-cottage-cowes-p1374391>

Jo Bowden

Apartment 18 at No 1 The Parade

jo@crewkit.co.uk

Virginia Forsyth

07740701610

Please press the Air BnB link below

[Crew House in Cowes](#)

forsythvirginia@gmail.com

Sarah Carro

Cowes Cottage

07908 616801

<https://airbnb.com/h/cowescottage>

The Coach House

8 Marine View Close, Cowes

PO31 8BU

<https://coachhousecowes.co.uk/>

Dining

Restaurants

The Smoking Lobster

01983 240916

www.smokinglobstercowes.co.uk

The Coast Bar

07831 331717 / 01983 298574

www.thecoastbar.co.uk

The Garden

01983 300142

[The Garden Website](#)

The Summer Garden

(Seasonal at ISC)

01983 300141

[The Summer Garden](#)

The Globe

01983 632363

<https://www.globecowes.co.uk/>

Pontoon View - Bar & Food

(Seasonal)

01983 242800

<https://www.cowesyachthaven.com/marina-boatyard/pontoonview/>

Bahar Tandoori

01983 200378

bahartandoori.uk

Number 3

01983 291714

www.number3cowes.com

The Red Duster

01983 290311

www.theredduster.com

The Pier View

01983 299891

<https://www.pierviewcowes.co.uk/>

Cowes Tandoori

01983 296710

<https://www.cowestandoori.co.uk/>

Murrays

01983 296233

www.murrays.co

Corries Cabin

Fish & Chip Restaurant / Takeaway

01983 293733

<https://www.facebook.com/CorriesCowes/>

The Ale House

07811 994327

www.facebook.com/thenookcowes

Tonino's

01983 298464

toninoscowes.co.uk

Dough Baby

01983 245644

www.doughbabyco.com

Cafés & Delicatessen

Little French Franks

Baguette & Salad Bar
01983 716543

<https://www.frenchfranks.co.uk/>

PO41 Coffee House Cowes

Coffee & Cake Café
01983 243692

<https://www.po41coffeehouse.com/>

Carvel Lane Coffee

Coffee Café

<https://carvellanecoffee.com/>

Comic Coffee Cowes

Café ~Brunch & Lunch
01983 472916

<https://www.comicoffee.uk/>

Jolliffes

Café

<https://www.facebook.com/jolliffeseatery/>

Sounds & Grounds

Music & Coffee Café

<https://www.sounds-grounds.co.uk/home>

Baked By Jen

Bakery ~ Sweet Goods
07854 415089

<https://www.facebook.com/BakedbyJeniow>

Lost Mill Bakery

01983 241959

<https://www.lostmillbakery.com/>

Well Bread

Bakery

01983 281814

<https://jmaps.net/well-bread>

Manny's

Baguette & Salad Bar
07516 819619

<https://www.facebook.com/MannysBaguettes/>

Bars & Public Houses

*See Public House Accommodation

Compass Bar

10 High St, Cowes, Isle of Wight, PO31 7RZ

01983 475245

Bar No.46

46-47 High Street, Cowes, Isle of Wight, PO31 7RR

01983 304646

Pier View

25 High St, Cowes, Isle of Wight, PO31 7RY

01983 294929

Vectis Tavern

103 High St, Cowes PO31 7AT

01983 238439

Cowes Ale House

5A Shooters Hill, Cowes, Isle of Wight, PO31 7BE

01983 294027

The Globe

The Parade, Cowes, Isle of Wight, PO31 7QJ

01983 632363

The Union Inn *

Watch House Lane, Cowes, Isle of Wight, PO31 7GH

01983 532444

The Anchor Inn *

1-3 High Street, Cowes PO31 7SA

01983 292823

The Fountain Hotel*

High Street, Cowes PO31 7RR

01983 292397

Marine Services

Chandlers

Jolliffes Chandlery

2-4 Birmingham Road, Cowes, Isle of Wight
01983 290100

Marine Bazaar

225 Arctic Road, Cowes, Isle of Wight
01983 298869

Pascall Atkey

29-30 High Street, Cowes, Isle of Wight
01983 292381

Spencer Rigging

Empire Building, St Mary's Road, Cowes, Isle of Wight
01983 292022

www.spencerrigging.co.uk

Diving Companies

MMC Ltd

Medina River, Cowes, Isle of Wight
07966 579965

info@mmc-worldwide.com

Island Divers

Unit 2 Medina Village, Bridge road, Cowes, Isle of Wight
01983 240255

www.iowdivers.co.uk

Fuel

Cowes Harbour Fuels

Harbour Office, Town Quay, Cowes, Isle of Wight
01983 293952 (Harbour Office) or 01983 200716

Lallows Boatyard

3 Medina Road, Cowes, Isle of Wight
01983 292112

www.lallowsboatyard.co.uk

Breakdown Assistance

Sea Start

Unit 13, Hamble Point Marina, Hamble, Hampshire
0800 885500 & 01489 557364

www.seastart.co.uk

Boat Builders and Repairs

Composite Craft Ltd

Medina Yard, Pelham Road, Cowes, Isle of Wight
07971 817444

Will Squibb Boatbuilders & Marine Surveyors

Attrills Yard, The Duver, St Helens, Isle of Wight
01983 874629

www.willsquibb.net

David Heritage Yachts

Address 5-6 Saunders Drive, Cowes, PO31 8HU
01983 280065
07779653393

<http://www.davidheritage.co.uk/>

Safety Equipment

Team O Marine Safety Products

07503 461259

www.teamomarine.com

SeaSafe Systems

Mariners House, Mariners Way,
Somerton Business Park,
Newport Road,
Cowes

01983 282388

www.seasafe.co.uk

Groceries

The Butchers

23 High Street, Cowes, Isle of Wight
01983 293129

Phillips Seafood & Smoke House

111 High Street, Cowes, Isle of Wight
01983 282200

Rosalies of Cowes

74 High Street, Cowes, Isle of Wight
01983 303672

Healthy Indulgence

110 High Street, Cowes, Isle of Wight
01983 210042

Sainsbury's

129-130 High Street, Cowes, Isle of Wight
01983 273400

Marks and Spencer

Terminus Road, Cowes, Isle of Wight
01983 329296

Waitrose

Well Road, East Cowes, Isle of Wight
01983 295680

Aldi

Airfield Way, Cowes, Isle of Wight
+1 855-955-2534

Health and Beauty

Barbers

Beresford's Barber Shop

2 Shooters Hill, Cowes, Isle of Wight
01983 293863

McGregors Gentlemen's Barbers

15 Carvel Lane, Cowes, Isle of Wight
01983 249228

Hair Port Unisex Hairdressers

113A High Street, Cowes, Isle of Wight
01983 291331

MEXUT

35 High St, Cowes PO31 7RS

Hairdressers

K&H Hairdressers

3 The Arcade, Cowes, PO31 7AR
01983 299000

<https://www.khhairdressing.co.uk/>

The Hair Academy

9 Birmingham Road, Cowes, PO31 7BH
01983 200960

<https://www.charlottesacademy.co.uk/>

Spa Facilities

BeCalmed Spa Therapy Centre

8 Birmingham Road, Cowes, Isle of Wight
01983 296655

<https://becalmedincowes.co.uk/>

Other Services

Osbornes – Dry Cleaning

119 High Street, Cowes, Isle of Wight
01983 280974

Cowes Post Office

155 Mill Hill Road, Cowes, Isle of Wight, PO31 7EL

VecWash Launderette

1 Mill Hill Road, Cowes, Isle of Wight
01983 294698

Leslies Motors – Car Hire

341-351 Newport Road, Northwood, Isle of Wight
01983 293333

Useful Websites

Cowes Online

(Cowes Harbour Commissioners)

www.cowes.co.uk

Cowes Yacht Haven

www.cowesyachthaven.com

Isle of Wight Tourist Information

www.visitisleofwight.co.uk

Royal Yacht Squadron

www.rys.org.uk

BBC Weather

www.bbc.co.uk/weather

Osborne House

www.english-heritage.org.uk/daysout/properties/osborne

