



RYS Early Summer Cruise
The Stockholm Archipelago
8th – 17th June 2023

Joining Instructions



Welcome to the 2023 Royal Yacht Squadron cruise within the Stockholm archipelago. Our aim is for the cruise schedule to be a leisurely paced opportunity to enjoy all of the pleasures of this wonderful cruising area. There are numerous options for individual diversions to locations of your own choice and, for the more adventurous to venture further afield, with a small number of social gatherings to bring participants together to exchange dits and enjoy each others' company. Spontaneity is encouraged. In some locations we have been able to confirm berthing requirements (though some require payment in situ rather than via the RYS). Please read these joining instructions carefully and let us know promptly of any changes to your own plans or reservations for either berthing or numbers for social engagements.

Along the way, we hope participants will have the chance to explore the culture, geography and atmosphere of the region, with opportunities for shoreside excursions and exercise to be taken (by those who choose to do so) by walking and cycling at some of our island stopovers.

The Archipelago Region

History

The Stockholm archipelago is a joint valley landscape that has been shaped – and is still being shaped – by post-glacial rebound. It was not until the Viking Age that the archipelago began to assume its present-day contours. The islands rise by about three millimetres each year. In 1719 the archipelago had an estimated population of 2,900, consisting mostly of fishermen. Today the archipelago is a popular holiday destination with some 50,000 holiday cottages (owned mainly by Stockholmers). The Stockholm Archipelago Foundation, dedicated to the preservation of the nature and culture of the archipelago, owns some 15% of its total area.



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The inhabitants in the archipelago, from around the mid-1400s to the end of the second world war, were combined farmers and fishermen. Those on the outer islands focussed on fishing whilst the inner archipelago was more inclined towards agriculture. Spring and autumn fishing was quite intensive in the outer archipelago from 1450 until the mid-1800s, and many fishermen lived for long periods in the outer islands because of the long distances to their permanent houses in the inner archipelago. The combined farming and fishing culture lasted until around 1950–1955 when the younger generation, born during and directly after the war, started to leave the archipelago and look for jobs in the cities on the mainland. Today most of the small farms on the islands are closed and the fishing industry has almost disappeared.

Culture

Many poets, authors and artists have been influenced and fascinated by the Stockholm archipelago. Among them are August Strindberg, Ture Nerman, Roland Svensson, Ernst Didring and Aleister Crowley. Björn Ulvaeus and Benny Andersson from the group ABBA wrote most of their songs in a cabin located on the archipelago.

Boating of all types is an extremely popular activity. Preparation of the cruise schedule would not have been possible without the advice and assistance of the Kungliga Svenska Segel Sällskapet (KSSS), the Squadron's nearest equivalent in Sweden; mixing prestigious club activities with an active sailing development programme akin to that run by the RYA. We are delighted that Commodore of the KSSS, Patrik Salén & his wife Katja will be joining us for the final dinner and president of the International Committee, Robert Hanssen along with Cruising Chairman, Mark Hallquist will be joining us for several of the socials with their partners Åse & Louise. Some RYS members may also remember Wivica Oest who was instrumental in the 2014 Stockholm Cruise and has also participated in RYS Cruises and been over to the Castle for the Camrose Weekend. Wivica will also be joining us with her husband Allan for elements of the cruise.

Geography

The archipelago extends from Stockholm roughly 60 kilometres (37 miles) to the east. In a north–south direction, it mainly follows the coastline of the Södermanland and Uppland provinces, reaching roughly from Öja island, south of Nynäshamn, to Vaddö, north of Norrtälje. It is separated from Åland by a stretch of water named South Kvarnen. A separate group of islands lies further north, near the town of Öregrund. Between Arholma and Landsort there are approximately 24,000 islands and islets. Some of the better-known islands are Dalarö, Finnhamn, Nässlingen, Grinda, Husarö, Ingarö, Ljusterö, Möja, Nämdö, Rödlöga, Tynningö, Utö, Svartsö and Värmdö. We shall visit some in the course of the cruise.



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The biggest towns of the archipelago, apart from Stockholm, are Nynäshamn, Vaxholm and Norrtälje. The village of Ytterby, famous among chemists for naming no fewer than four chemical elements (erbium, terbium, ytterbium and yttrium), is situated on Resarö within the archipelago.

Shipping routes from the Baltic to Stockholm pass through the archipelago. There are three main entrances suitable for deep-draught craft, namely, those near Landsort, Sandhamn, and Söderarm.

Charts and Pilotage

The nature of the landscape and prevalence of isolated rocks and hazards mean good, up to date, electronic and/or paper charts are essential. Local sailors also suggest that a chart plotter with the latest electronic charts and clearly visible from the cockpit is a prerequisite.

Admiralty charts are, of course, available. Chart numbers 2073, 872, 887, 888 provide an overview but with insufficient detail for safe navigation. The Stockholm Archipelago area is, however, also covered by three small craft chart folios published by Sjöfartsverket (the Swedish Maritime Administration). Our proposed route is covered by two of the three folios:

- Stockholm Mellersta
- Stockholm Norra

These chart folios, and a recommended Pilot Guide “Hamnguiden 8, Arholma - Landsort” (in Swedish) may be ordered online or from “Captains” the KSSS preferred chandlery in central Stockholm (website: www.captains.se /email: info@captains.se). “Captains” have kindly offered to afford RYS cruise participants the same 10% discount they offer members of the KSSS if mentioned at the time of ordering. Orders can be delivered in advance to UK, held for collection from the shop in Stockholm or forwarded to the KSSS headquarters in Sjaltsjöbaden for collection on arrival. Chartlets in this document have been reproduced (without permission) from the Hamnguiden 8, Arholma – Landsort on the premise that most participants will purchase a copy at some stage prior to or during the cruise.

Numbers in brackets next to sites mentioned in the cruise itinerary below refer to the relevant entries in Hamnguiden 8, Arholma – Landsort.



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Victualling and preparation

You will note from the proposed itinerary that there will be some overnight stops in remote locations with no facilities ashore (although alternatives have been proposed for those who do not have catering facilities aboard). Pursers/chefs should plan victualling and menus for a minimum of three self-help evenings (**Bullerö Hemviken, Rödlöga, Finnhamn**). There are details for provisioning options close to Saltsjöbaden on the final page of this document.

Outline Dates and Key Events

Dates of the formal cruise programme are now confirmed as **8 - 17th June 2023** inclusive; although several Members have indicated an intent to arrive in the area in good time, or to remain for a while after the cruise concludes under their own arrangements. There are three organised social/dining events we hope most with us at the time will choose to attend:

Cruise Reception and Supper - 8th June: One way or another, participants are requested to rendezvous at Saltsjöbaden (113) late afternoon or early evening on Thursday 8th June 2023 in time to attend our opening Cruise Reception and Supper to be held at the Grand Hotel Saltsjöbaden. This will take the form of an early evening drinks reception to which we shall also invite the officers of the KSSS who have helped us plan the cruise, followed by dinner at the same hotel. Yacht berths will be available for cruise participants in the very conveniently located KSSS Guest Harbour directly in front of the Grand Hotel. Alternatively, if more convenient, participants chartering yachts in the Saltsjöbaden area may choose to leave yachts at their respective charter bases and travel to the Grand Hotel by land.

KSSS Barbeque - 11th June. Trollgårdens on the island of Lökholmen is the offshore home of the KSSS who will host and organise a barbeque for cruise participants. Berthing will be available for the RYS fleet in the Lökholmen guest harbour.

End of Cruise Dinner - 17th June: The cruise will conclude with a formal dinner in the Ship's Hall of the Vasa Museum in Stockholm on 17th June. Overnight berths will be available in the Vasahamnen marina (99) located right next to the museum, these require booking on an individual basis via dockspot.com. There is also a good choice of hotels and other accommodation nearby for charterers who need to hand back yachts earlier on the same day before the dinner.



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Cruise Outline Itinerary

THURSDAY 8th JUNE

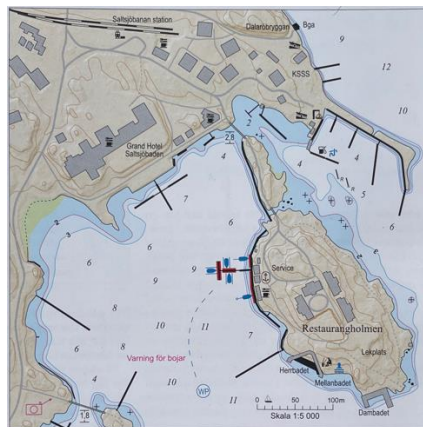
Saltsjöbaden (Water Supply, Electricity)

KSSS Guest Harbour – berths for the cruise will be booked & paid for centrally (see annex. A for listings), anyone wishing to stay on in the harbour after the cruise should arrange this directly with the Harbour Captain;

Ossian Ljungqvist: ossian@ksss.se

+46 (0)70 678 41 86

Members are advised to contact the Harbour Captain by mobile phone on approach for direction to berths. If you plan to arrive earlier than 8th June please let [Emma Preece](#) know so plans can be communicated in advance to the KSSS.



16:00 Introduction to the KSSS

KSSS have kindly offered a tour of the Club facilities at Saltsjöbaden with an introduction to the club's premises, training facilities and youth training programme. Please make your way to the Clubhouse if you wish to join. (Dress: Crew clothing)

19:30 for 20.00 Welcome Event at the Grand Hotel Saltsjöbaden

Hotellvägen 2, 133 35 Saltsjöbaden, Sweden

There will be a welcome party at the beautiful Grand Hotel Saltsjöbaden which is located minutes from the KSSS Clubhouse and dates back to 1893. **Dress:** Summer smart

The dinner will be in Wallenbergssalen on the 3rd floor with drinks outside on the Terrace.

Pre dinner drinks, Dinner & ½ bottle of wine will be in the region of £100.00, additional drinks will be at own expense.



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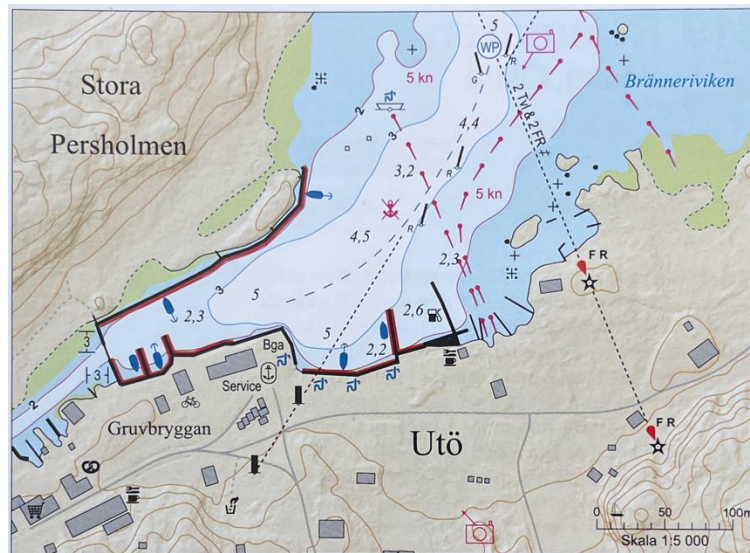
FRIDAY 9th JUNE

Utö (316/317/318).

Harbour Master

Port Office: +46 (0)8 501 57 450

Harbour Master: +46 (0)70 572 5800



Distance from Saltsjöbaden – 25 nm (*Restaurants, Limited Water Supply, Electricity*)

Guest Harbour/Anchoring – berths have been booked centrally (see annex. A for listings) but payment must be made direct to the Harbourmaster. Members should contact the Harbour Master by phone on approach for berthing instructions. Atlantis & Carango please note you will be rafted up alongside the pier due to depth issues.

The Commodore in particular will be glad to know that Utö Port Office is a good place to [hire a bike](#) (or moped!). It is worth booking in advance for bike hire (from SEK 195 per day) on +46 (0)8 501 57 450 although they should be in plentiful supply at this stage of the season.

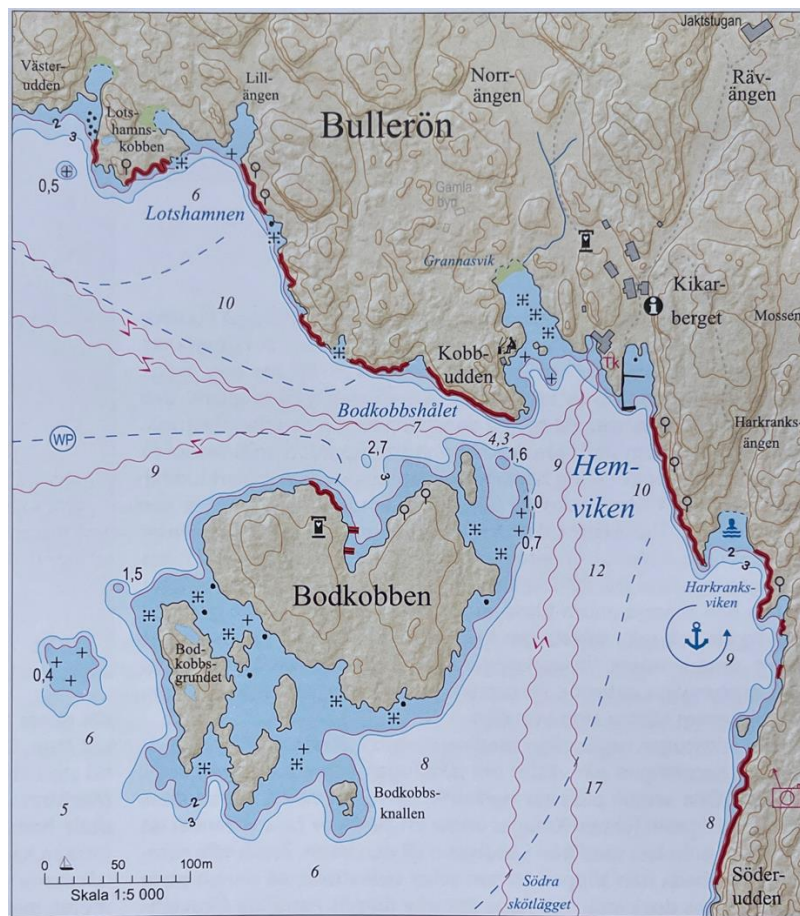
There are several restaurants which can be booked in advance or on arrival; <https://www.utovardshus.se/>



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SATURDAY 10th JUNE

Bullerön Hemviken (277)



A remote but reportedly atmospheric anchorage. Bow to rock/anchoring. Distance from Utö 20 nm.

If the wind is more than S to SW 6/7 Bft, we will consider going to **Nämdö/ Skärvassa** (134). Alternatively, **Mörtö-Bunsö** (268) bow to rock/anchoring 15 nm. At Bullerö Hemviken there are no restaurants.

Alternatives for those who do not wish to victual or cook onboard are **Bullandö** (bridge 18.8m) or heading direct to Sandhamn; both alternatives about 30 nm from Utö.

There is reportedly a very good restaurant at Bullandö: www.bullandokrog.se

+46 (0)8 571 458 54

info@bullandokrog.se



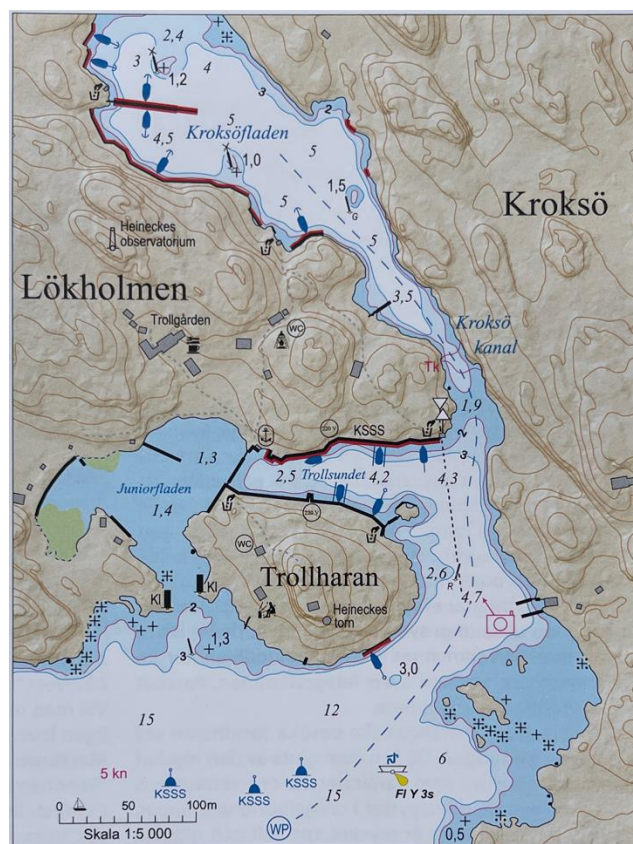
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SUNDAY 11th JUNE

Lökholmen KSSS Guest Harbour (182/183)

Harbour Office Lökholmen:

+46 70-213 20 66



Distance from Bullerö 8nm (*Restaurants, Water Supply, Electricity*)

Home of the KSSS Offshore clubhouse and Guest Harbour. **Lökholmen** is the KSSS private island.

Lökholmen guest harbour is situated just northeast of the Sandhamn guest harbour. You approach from the south between Trollharan and Kroksö. More precise instructions will be issued by WhatsApp but it is most likely that the Harbour Master will be on the bridge to guide boats into position on approach.

All of the RYS fleet bar Ichiban will be accommodated in the guest harbour (Ichiban's skipper has apparently made own arrangements at Sandhamn). Berthing has been booked centrally (see annex. A for listings) and will be paid for centrally.



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19:00 Barbeque at Trollgårdens

Dress - Informal

Sandhamn & Lökholmen have been the base for KSSS Club activities since 1890. There will be a two-course barbeque supper kindly hosted by the KSSS with some drinks included and a bar for additional drinks. There will be some additional KSSS Members joining the BBQ to meet RYS Members and host the evening.

The BBQ Buffet with a couple of drinks included will be in the region of £50.00 per person. Further drinks can be purchased during the evening as required.



MONDAY 12th JUNE

Furusund Guest Harbour (46).

Carl Oscar: info@furusundshamnrog.se

Harbour Captain

Mobile: +46 (0)738559823

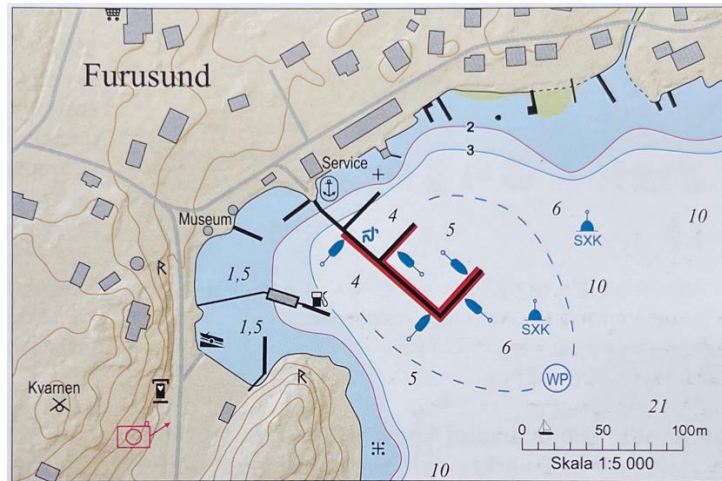
Distance from Sandhamn 25nm (*Restaurants, Water Supply, Electricity*). Alternatives are **Granhamn** (16) and **Tjockö** (18). Both + 8 nm. Bow to Rock anchoring.

Members should contact the Harbour Master by phone on approach for berthing instructions. Berthing has been booked centrally (see annex. A for listings) and will be paid for centrally.

There are no organised socials planned at Furusund (furusundvardshus.se) but there are two restaurant options. Bookings can be made via info@furusundvardshus.se / +46 (0)176 803 44



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TUESDAY 13th JUNE

Today, participants have some choices:

Choice 2 - Sail to and overnight at Arholma Österhamn.

Arholma Österhamn is one of the most northern islands of the archipelago and site of a cold war relic missile/gun emplacement which can be visited on foot. Distance from Furusund 15 nm
(No marina – anchoring bow to pontoon, Restaurant Options available – no organised event).

Choice 3 - Mellow day spent in/around Furusund or visiting the neighbouring islands/beaches.

Original Choice 1 - Boat Trip to [Söderarm](#).

From the original social booking request some 19 Members elected to take the boat trip to Söderarm. Unfortunately, with this number the boat transfer became prohibitively expensive and the trip is no longer going ahead as an organised trip. Members who still wish to visit this beautiful island under their own steam are welcome to do so and should contact Anngret on +46 (0) 17643212 / info@soderarm.com. Please note, if a tour/any refreshments are required booking is required by 30th May.

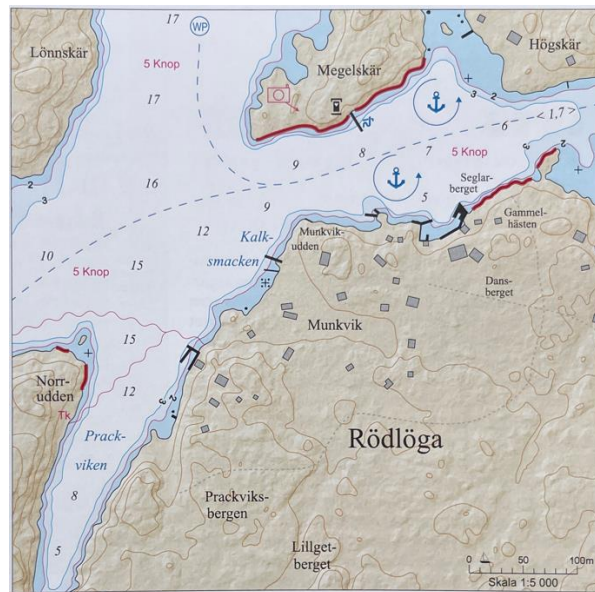




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WEDNESDAY 14th JUNE

Rödlöga (84/85)



Distance from Arholma 18 nm *No marina - Bow to rock/Anchoring, No Restaurants – no organised event.* (If a strong Northerly is forecast we may alternatively go to **Lökaön (192/193)**. Distance from Arholma + 10 nm) or alternatively **Stora Nassa (203-208)**. Distance from Arholma 27 nm.

THURSDAY 15th JUNE

Finnhamn/Paradiset (68)

+46 (0)8-542 462 12

Distance from Rödlöga 20nm *Guest Harbour/Anchoring, Water supply, Electricity, 1 restaurant and small store.*

Berthing has been booked centrally (see annex. A for listings) and will be paid for centrally.

Finnhamn is a nature reserve with lots of wildlife. The Harbour Office has advised against leaving any unattended food out on deck as you may receive unwanted visitors!

There is just one restaurant on the island so if you wish to eat out, advance booking is essential: finnhamn.se



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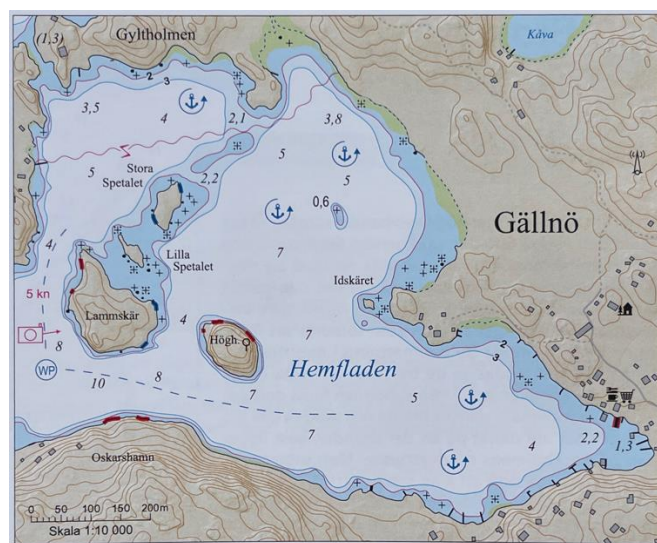


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FRIDAY 16th JUNE

Gällnö Hemfladen (141)

Distance from Finnhamn 10 nm. *No marina - Bow to rock/Anchoring, small outdoor restaurant/bar.*



A 'laid-back penultimate night' drinks party is planned for this last night in the archipelago at the very informal bar. There is no walk-ashore option for berthing so those attending will need to come ashore by dinghy.

17.00 – 19.00 Drinks Party

Dress – Informal

Drinks and light eats will be served in the bar which the Gällnö team will endeavour to keep private for those RYS Members joining. Dinner can be booked post drinks if required (on the night or in advance - +46 739 384 562) or will be own arrangement back on board.

Two drinks with snacks/canapes will be in the region of £35.00 per person. Further drinks can be purchased during the evening as required.



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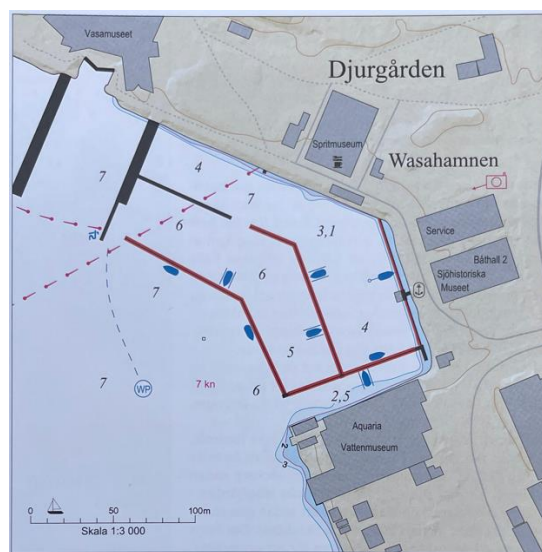
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SATURDAY 17th JUNE

DRESS SHIP DAY: Official Birthday of HM The King

If some charters are still “live” at this point, skippers should not feel obliged to dress ship.

Central Stockholm. Wasahamnen Stockholm (99)



Distance from Gällnö 20 nm *Water, showers, electricity*

Charterers may choose (or be required) to return yachts to bases during the day on Saturday and then join the Final Dinner at the Vasa Museum by land. For those with their own yachts, there is a very convenient marina located a short walk from the Vasa Museum on the island of Djurgården. Berths can be booked via dockspot.com. The marina policy is first-come, first-served but there is usually plenty of room in June. We have not made a block booking so it is recommended that you book online in advance.



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19.00 Dinner at the Vasa Museum

Dress: Jacket & Tie (dresses)



The incredible Vasa museum displays the salvaged 64-gun warship Vasa which sank on her maiden voyage in 1628. There will be a tour before dinner which will last approximately 30 minutes and finish in the main hall for dinner around the ship.

We plan to show photos from the cruise on one of the screens in the Hall during the reception, please use the Informal Cruise WhatsApp group to share photos which can be used to make up this photo-reel.

The price for the tour, 3 course formal dinner with welcome drink and ½ bottle of wine per person will be in the region of £160.00.



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Coordinating Instructions

Communications. Two WhatsApp groups will be maintained for the duration of the cruise. The first will be for skippers only and used for formal communication of changes to the cruise schedule, weather warnings and other cruise administrative purposes. The second is a more informal chat group into which participants are invited to contribute photos and general banter. A daily VHF broadcast on VHF Channel 72 (or as advised locally) will broadcast short notice cruise updates each morning at 08:30.

Dressing Ship. Saturday 17th June is a Dress Ship day to mark the birthday of HM King Charles III.

Distress. In Sweden, all marine rescue services are coordinated from JRCC Joint Rescue Coordination Centre in Gothenburg. In case of alarm call 112 or radio VHF channel 16 "Sweden Rescue".

Shopping hours. Opening hours vary depending on where you are. In the larger cities most shops are open from 0930 to 2000 or later (supermarkets may be open 0700-2200) but in the archipelago most shops are open to 1800.

Open fires/Barbeques. Check if there is a local fire ban. Bring your own barbecue set or locate any of the numerous barbecue stands available in the islands and put the fire out properly afterwards. Rubbish bins are found in several places along the coast, including in many natural harbours. Waste separation in the archipelago is nowadays common.

Provisioning. There is a very good supermarket located in Saltsjöbaden shopping centre which is a 5 minute drive from the KSSS guest harbour. The centre can also be reached by bus, the bus stop is a short walk from the harbour. There is also a pharmacy and a liquor store at the centre. Alcohol (wine, spirits and beer in excess of 3,5%) can only be purchased in a liquor store, "Systembolaget", and not in any grocery store. It will not be possible to buy any alcohol at any of the harbours we will be visiting so it is important to ensure that all alcohol required for the duration of the cruise is onboard when leaving Saltsjöbaden. All should note that it is forbidden for the Skipper to drink or be under the influence of alcohol when at sea. The same strict rules and limits as for driving a car apply.

In addition to the above there are three marine chandleries within a 30 minute drive of the guest harbour if required.

Weather forecasts. Local weather is broadcast on VHF channels around the Swedish coastline. The map at the end of these instructions depicts local channels likely to provide coverage.



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Contacts.

Mobile contacts for all Members involved in the Cruise are detailed within Annex. A. Key contacts for the cruise are as follows:

Cruise Captain – Andy Bristow: 07860 419262

Cruising Committee Chairman – David Reynolds: 07793 834424

From a staff perspective, Emma Preece will be present for the Opening Dinner in Saltsjöbaden and the Final Dinner at the Vasa Museum in Stockholm.

Insurance Disclaimer.

The Cruising Committee has agreed that in future there will be a liability disclaimer in place for all RYS organised cruises. We are in the process of finalising this and it will be sent out when completed.



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VHF-STATIONS 2023

SWEDEN AND NEIGHBORING COUNTRIES

Updated 20230504

MOST BASE STATIONS MONITOR CHANNEL 16 AS WELL AS DSC ON CHANNEL 70.

THE NORMAL VHF RANGE equals the radio horizon, provided there are no obstructing objects.

stockholmradio

This, and other coverage maps, are available at
<https://stockholmradio.se/kartor-och-kanalplan-vhf/>

NORWAY

MSI is broadcast from all stations at 02:33, 06:33, 10:33, 14:33, 18:33 and 22:33 UTC.

Weather forecast is broadcast on VHF traffic channels at 09:00, 12:00, 15:00, 18:00 and 21:00 local time.

SWEDEN

MSI is broadcast by Sweden Traffic on all VHF traffic channels, except for ch 23 Nacka, at 02:00, 06:00, 10:00, 14:00, 18:00 and 22:00 UTC.

Weather forecast is broadcast on all VHF traffic channels, except for ch 23 Nacka, at 06:00 and 18:00 UTC.

FINLAND

MSI is broadcast on the VHF traffic channels by Turku Radio at 02:33, 06:33, 10:33, 14:33, 18:33 and 22:33 UTC.

Weather forecast is broadcast on VHF traffic channels at 06:33 and 18:33 UTC.

Weather forecast for the Swedish coastline is broadcast by Stockholmradio between June 15 – August 15. Different sections of the coastline are broadcast during 08:30-09:30 and 16:30-17:30 local time (i.e. UTC+2)

In case there are phone calls waiting, the traffic list is sent after the coastal weather forecast.

DENMARK

MSI is broadcast by Lyngby Radio on VHF traffic channels at 01:33, 05:33, 09:33, 13:33, 17:33 and 21:33 UTC.

Weather forecast is broadcast on request.

ESTONIA

MSI is broadcast by Tallin Radio on the VHF channels 1, 3, 5, 7, 20, 26, 27 at 02:33, 06:33, 10:33, 14:33, 18:33 and 22:33 UTC.

Weather forecasts are broadcast on the same channels as above and 06:33 and 15:33 Local time.

Storm warnings are broadcast immediately after silence minutes (i.e. hh:03, hh:18, hh:33 and hh:48).

LATVIA

MSI and weather forecast is broadcast by Riga Rescue Radio (MRCC Riga) on VHF channel 71 at 07:03 and 15:03 local time.

Gale warnings are broadcast 3 and 33 minutes past the hour (i.e. hh:03 and hh:33) on channel 71.

VTS Riga and Ventspils monitor channel 09 and Liepaja channel 11. Local time in Latvia is UTC+2

POLAND